

CERTIFICATE

OF PARTICIPATION

This is to certify that

Tšhegofatšo Thoka

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 05:02:05

PACE 06:16/km

GENDER 164 of

366

OVERALL 183 of 421

SENIOR (20- 99 of 182

39)

26 October 2019, Sat Date

Signature